

**CALZINC**  
**Instructions**  
**on medical use of the drug**

Multivitamin syrup with calcium and zinc.

**Trade name:** Calzinc.

**International nonproprietary name:** Vitamins and minerals.

**Dosage form:** Syrup for oral administration.

**Pharmaco -therapeutic group:** Vitamins.

**Composition:** Every 5 ml of syrup contains:

Calcium lactate –gluconate.....	40 mg;
Vitamin A .....	1200 IU;
Vitamin D 3.....	100 IU;
Vitamin B 1 .....	1 mg;
Vitamin B 2.....	1 mg;
Vitamin B 6 .....	0.5 mg;
Nicotinamide.....	5 mg;
Dexpanthenol .....	2 mg;
Vitamin C .....	50 mg;
Vitamin E .....	1 mg;
Vitamin B 12 .....	10 mcg;
Zinc .....	3 mg.

**Excipients:**

sodium benzoate, potassium sorbate, citric acid, sodium citrate, sodium EDTA, sodium saccharinate, xanthan gum, glycerin, sorbitol, liquid glucose, malt extract, polysorbate, polyoxyhydrogenated castor oil, sucrose, flavorings (orange, tangerine, other fruits), water purified.

**What should you know about the drug CALZINC?**

**CALZINC** is a well-balanced and well-formulated preparation containing calcium, zinc and 10 vitamins, which are especially important during the growth of the body. It provides the body with the daily needs of these essential components to maintain vitality and health, as well as to resist disease.

Healthy people with a balanced diet receive sufficient amounts of calcium and vitamins. However, if the body lacks these substances, cellular dysfunction occurs and symptoms of deficiency appear. In this case, **CALZINC** will restore all functions to normal and restore the lost metabolic balance.

**In what cases is the drug CALZINC taken?**

**CALZINC** is usually used as a tonic to improve well-being and support organ functionality. It is recommended to use the drug in the following cases:

- prevention of conditions accompanied by an increased need for vitamins;
- for the prevention of rickets, developmental and growth disorders of the body;
- to increase the body's resistance to infectious and colds;
- to improve appetite;
- with an unbalanced and monotonous diet;
- with increased physical and neuropsychic stress;
- in complex therapy when using chemotherapeutic agents;
- to improve overall well-being during recovery from illness (acceleration of the recovery period).

**In what dose do you take CALZINC?**

*Children under 4 years of age:* 5 ml once a day;

*Children over 4 years of age and adults:* 10 ml once daily.

**Who should not take CALZINC?**

The drug should not be taken by persons allergic to any of its components.

Like all drugs containing vitamin D, **CALZINC** should not be taken if you have hypercalcemia (excess calcium in the blood) or hypercalciuria (excess calcium in the urine).

**Are there any precautions?**

Patients with kidney stones or Beck's disease (sarcoidosis) should not use **CALZINC** for a long period in doses exceeding the recommended dose without consulting a doctor.

**Effect on the ability to drive a car and operate machinery:** Not established.

**Pregnancy:** No problems have been reported when taking the drug at recommended doses.

A should not be taken in excess quantities (over 5000 IU) during pregnancy.

**Lactation:** No problems have been reported when taking the drug at recommended doses.

**Are there any unwanted effects?**

**CALZINC** is generally well tolerated when used as prescribed. However, a harmless yellow coloration of urine is possible due to the content of vitamin B2 (riboflavin) in the drug.

**What you need to know about misuse or overdose?**

Exceeding the recommended dose, especially when used concomitantly with other medications containing vitamin D, may result in vitamin D overdose.

In some cases, such as if an extremely large amount of the drug is ingested, it may be necessary to induce vomiting or ingest activated charcoal. If necessary, symptomatic or supportive measures should be taken.

**Are there any drug interactions?**

Concomitant use of medications containing vitamin A or D may lead to an overdose of these vitamins.

**Release form:**

Syrup in a bottle of 200 ml.

**Storage conditions:**

Store at a temperature no higher than 15-25 °C.

**Vacation conditions:**

Without a doctor's prescription.

**Made for:**

**MAXX-PHARM LTD.**  
**London, Great Britain**